



Club Races 2021

SAILING INSTRUCTIONS

1 RULES

- 1.1 The CYC races will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 The prescriptions of the Canadian National Authority, Sail Canada, will apply. The Sail Canada prescriptions can be found on the Sail Canada website www.sailing.ca
- 1.3 Bluenose class rules will apply unless handicap racing, found here <http://www.chesterbluenosefleet.com/welcome>
- 1.4 Racing rules RRS 35, A4 and A5 will be changed as follows: See SI 15.1.
- 1.5 Racing rules RRS 40 will be changed as follows: See SI 18.3
- 1.6 When there is a conflict between a class rule and a CYC requirement such as may be found in a Deed of Gift, the latter shall prevail.
- 1.7 **Participants shall comply with all rules and regulations of the Organization Authority, Dominion of Canada, Nova Scotia and Public Health concerning matters of health and safety and specifically as they relate to COVID-19 or such other communicable disease or contagion.**

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the CYC Race page, <https://chesteryachtclub.ca/racing/> under Official Race Notice.

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect. You can find this on CYC Race Page <https://chesteryachtclub.ca/racing/>.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the CYC Flag Pole.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 20 minutes' in the race signal AP.

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5 SCHEDULE OF RACES

- 5.1 The schedule of races is published in the current **CYC Racing Schedule** found on the CYC web site under the Racing page <https://chesteryachtclub.ca/racing/>.
- 5.2 The number of races will be published in the current **CYC Racing Schedule** found on the CYC web site under the Racing page.
- 5.3 The scheduled start time of the first race each day is published in the current **CYC Racing Schedule**.
- 5.4 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed at least one minute before a warning signal is made.
- 5.5 Races designated as Spin/Non-spin on the **CYC Racing Schedule** will have a Free For All (FFA) start for both Spinnaker and Non-spinnaker fleets together. Spinnaker and Non-spinnaker boats will be scored together as one fleet.
- a. In a series designated as Spin/Non-spin skippers must declare whether they will be racing in the Spinnaker or Non-Spinnaker fleet before their first race by submitting or changing their **Registration Form** as set out in NOR 3.2 or when checking in. **Boats may not switch fleets during a series.**

6 CLASS FLAGS

Class flags will be:

<i>Class</i>	<i>Flag</i>
A	Red
B	Light Blue
Bluenose	Bluenose Class Flag
Classic	White
Free For All	F Flag

7 RACING AREAS

Attachment CYC Course Card of 2021 shows the location of racing areas, the Course Card can be found on CYC Race page <https://chesteryachtclub.ca/racing/>.

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8 THE COURSES

- 8.1 The CYC Course Card shows the approximate location of the CYC Race Marks and their names. The CYC Course Card provides the courses, the order of the marks to be passed, and the side on which each mark is to be left. Other than starting and finishing all marks are rounding marks unless specified.
- 8.2 No later than the warning signal, the Race Committee will display courses on the back of the Race Committee Boat or west side of the CYC wharf.
- 8.3 Courses displayed on the Race Committee Boat may use either set course numbers (CC) or a series of numbers corresponding to CYC racing marks, and aids to navigation, with a P (port) or S (starboard) to indicate the side on which the mark must be passed. A mark number followed by a G indicates a gate shall be present at that mark. A mark number followed by an O indicates the presence of an offset mark.
- 8.4 For races requiring a set course, the course will be posted on the official notice board no later than 2 hours before race start time.

9 MARKS

- 9.1 Marks are described in Attachment CYC Course Card
- 9.2 The starting and finishing mark will be;
 - a. for on water start and finish;
 - i) Tetrahedron
 - ii) or CYC mark 1
- 9.3 for a CYC wharf start or finish, CYC tetrahedron or mark 1

10 AREAS THAT ARE OBSTRUCTIONS

- 10.1 The following areas are designated as obstructions: Coachman Shoal.
- 10.2 Boats sailing in the vicinity of the Tancook Ferry will stay out of her way.

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12 THE START

- 12.1 Races will be started by using RRS 26 with the warning signal made 5 minutes before the starting signal.
- The starting line
 - for a boat start, between an orange flag on the boat and the starting mark, 1 CYC mark or Tetrahedron.
 - for the wharf start, it will be between yellow stick at the west end of the wharf and the 1 CYC mark or Tetrahedron.
- 12.2 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 12.3 A boat that does not start within 5 minutes after her start signal will be scored Did Not Start without a hearing. This changes rule RRS A4 and A5.

13 CHANGE OF THE NEXT LEG OF THE COURSE

- 13.1 Change of course will be signaled before the leading yacht has begun the leg. Code Flag "C" will be displayed by the Signal Boat;
- A numbered board with the new Mark(s) will be displayed with the letter P (port) or S (starboard) to indicate the side on which the new mark must be passed or F (finish).
 - Or a change according to RRS 33.

14 THE FINISH

- 14.1 The finishing line;
- For the on-water finish, will be between Race Committee displaying an orange flag on the committee boat and the finishing mark.
 - For a wharf finish, will be between staffs on the southwest end of the CYC dock and CYC Mark 1. Mark 1 will be rounded according to the course given.
- 14.2 If the Race Committee is absent when a boat finishes, she should report her finishing time, and her position in relation to nearby boats, to the Race Committee at the first reasonable opportunity.

15 PENALTY SYSTEM

- 15.1 The Scoring Penalty, RRS 44.3, not will apply.
- 15.2 For the Bluenose Class, RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty unless handicap racing.

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15.3 A yacht who realizes after finishing, but before protests are heard, that she has broken a rule of Part 2 while racing, may choose to accept a 20% scoring penalty. Such penalty shall not be less than two places except with classes with less than 5 entries, it shall be one place. Acceptance of this penalty must be communicated to the RO in writing, prior to any protests being heard.

16 TIME LIMITS

16.1 Time limits are as follows:

<i>Race</i>	<i>Time limit</i>
Afternoon Race	5 hr.
Evening Race	
June - July	120 min.
Aug - Sept	90 min.
George Baker	7 hr.
Outer Islands	7 hr.

16.2 Boats failing to finish

- a. In an Afternoon Race, George Baker or Outer Islands boats failing to finish within the time limit will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.
- b. In an evening race if one boat finishes the remaining boats racing will have an extra 30 min. added to the time limit, boats not finishing in the new time will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.

16.3 Races will not be postponed longer than;

<i>Race</i>	<i>Time</i>
Afternoon Race	60 min.
Evening	
June-August	45 min.
September Evening	30 min.
George Baker	90 min.
Inner Islands	90 min.

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17 PROTESTS AND REQUESTS FOR REDRESS

- 17.1 Protest forms are available CYC bar in the clubhouse, or on line at https://www.sailing.ca/uploads/2019/09/Protest_Form_EN.pdf Protests and requests for redress or reopening shall be **emailed to** cycscoring@gmail.com or delivered to the CYC Bar within the appropriate time limit.
- 17.2 For each class, the protest time limit is **90 min.** after the last boat in their class has finished the race.
- 17.3 Notices will be given to inform competitors of hearings in which they are parties or named as witnesses. **Hearings may be held at a later date and may be done virtually.**
- 17.4 Notices of protests by the Race Committee, Technical Committee or Protest Committee will be posted to inform boats under RRS 61.1(b).

18 SCORING

- 18.1 One race must be completed to constitute a series.
- 18.2 When 4 or more races have been completed in a series, a boat's series score will be the total of her race scores excluding her worst score.

19 SAFETY REGULATIONS

- 19.1 Check-In: Prior to the first start each day, every boat intending to race shall approach the Signal Boat, ensure they have the attention of a Race Officer, and verbally provide their boat name, sail number, number of people aboard and if applicable what fleet and whether they are electing to be scored Spin or Non-spin. No VHF check-in. For staggered or Bermuda starts boats may check in after the first warning signal if they do so before starting and without interfering in another boat's start sequence. Boats which fail to check in may be scored DNS without a hearing.
- 19.2 A boat that retires from a race shall notify the Race Committee as soon as possible. Contact the Race Committee on VHF Ch 71 or call the CYC Clubhouse (275-3747) and advise the bar staff.
- 19.3 Skippers racing single-handed must wear a Personal Flotation Device when racing. This changes Rule 40.

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20 PUBLIC HEALTH

Racing participants must follow NS Public Health directives and club notices related to COVID-19. While participating, crews on the racing and committee boats will:

- 20.1 Maintain recommended physical distancing as much as possible.
- 20.2 Maintain good hand sanitizing and respiratory hygiene.
- 20.3 Avoid sharing clothing and equipment and sanitize shared surfaces and equipment.
- 20.4 Participants are not to attend if they have COVID-19 symptoms or are required to isolate 14 days. If you have come in contact with someone who has COVID-19 you can not attend. If your crew member has come in contact with someone who has COVID-19 they can not attend.
- 20.5 Visiting boats or crew from outside Nova Scotia must adhere to Nova Scotia Covid-19 travel restrictions.
- 20.6 Personal protective equipment is to be available for rescuers should someone you are unfamiliar with need first aid.
- 20.7 Crew management and the final decision to participate are the responsibility of the owner/skipper. If you the owner/skipper or one of your crew are diagnosed with COVID-19 it is your responsibility to report this to the Chester Yacht Club executive or Manager and other crew members.

21 REPLACEMENT EQUIPMENT

- 21.1 Boats may, at the discretion of the Race Committee, be permitted to change their declared sail inventory and their PHRF accordingly. They must notify the Race Committee prior to the start of their first race in the series by amending and submitting their **Registration Form** at the bar as set out in NOR 3.2. This handicap and sail inventory must be kept for the entire series.
- 21.2 For any one-off, non-series races boats will be permitted to change their declared sail inventory and their PHRF accordingly prior the start of the race by filling out or change a **Registration Form** seven days before the race and leaving it at the bar as set out in NOR 3.2.
- 21.3 Substitution of damaged or lost equipment will not be allowed unless authorized by the CYC Race Committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

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22 OFFICIAL BOATS

Official boats will be marked with RC flag.

23 RADIO COMMUNICATION

23.1 A boat that is racing shall not transmit or receive voice or data communications that are not available to all boats for the purpose of gaining an advantage or helping another boat gain advantage. This does not change RRS 41.

23.2 The Race Committee broadcasts concerning its intentions, the course to be sailed, starting times, course changes, etc. are a courtesy only. Failure of the race committee to make a broadcast, the timing of a broadcast, or the failure of a boat to hear a broadcast shall not be grounds for redress under rule 62.1(a).

24 PRIZES

24.1 Prizes may be awarded to each yacht placing first, second or third in a race or series of races with at least four boats scored.

24.2 When fewer than four boats are scored, the prizes may be awarded equal to one less than the number of boats scored.

25 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

26 INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$1,000,000 per incident or the equivalent.