

CHESTER OPTI JAM  
2016 Sailing Instructions

**1.0 Rules**

Races will be governed by 2013-2016 International Sailing Federation (ISAF), Racing Rules of Sailing (RRS), the prescriptions of the Canadian Yachting Association, Canadian Optimist Dinghy Association (CODA), except as any of these changes be these Sailing Instructions.

**2.0 Notice to Competitors**

Notices to competitors will be posted on the Official Notice Board located at the CYC clubhouse.

**3.0 Changes in the Sailing Instructions**

Any Changes to the Sailing Instructions will be posted on the Official Notice Board before 1100 on the day it will take effect, except that any changes to the schedule of races will be posted by 1600 on the day before it will take effect.

**4.0 Signals Made Ashore**

4.1 Signals made ashore will be displayed on the CYC flag pole.

4.2 Code Flag "AP"- Answering Pennant, with two sound signals on hoist (1 sound when signal is lowered) means "racing is postponed"

4.3 Code Flag "B" fully hoisted with one sound means "protest time has begun"  
When lowered half ways this means that "only 30 minutes of protest time remains" When fully lowered, "Protest time has ended"

4.4 Code flag "L", with one sound means "A notice to competitors has been posted on the Office Board"

**5.0 Course- See Attached**

5.1 Courses will be displayed on the Official Notice Board prior to Skippers Meeting

5.2 Beginner Fleet will race in Front Harbor Chester

5.3 Intermediate and Advanced Fleets will race outside the Harbor, weather permitting.

5.4 A change in the course after the start will be signaled near the mark beginning the leg being changed by a boat displaying the Code flag "C" and sounding a horn periodically. The change will be signaled before the leading boat has begun the leg, although the new mark may not then be in position.

**6.0 The Start**

6.1 The races will start in accordance with RRS 26 with the warning signal given 5 minutes before the starting signal. Class flags will indicate which that fleet which is to start.

6.2 The starting line will be a transit between the committee boat and a mark.

6.3 Boats who's warning signals have not sounded shall keep clear of the starting area and of all vessels who's starting signal has been made.

6.4 RRS 30.1 will only apply if the "I" flag is displayed.

## **7.0 Race Signals- Accompanied by Sound Signals.**

- 7.1 Postponement- Flag AP- Races not started are postponed. The warning signal will be made 1 minute after the removal unless at the time the race has been postponed again or abandoned. After a long postponement or delay – to alert boats that a race will begin soon, six (6) sound signal four (4) minutes before a warning signal is displayed.
- 7.2 Abandonment- Flag N- All races that are started are abandoned. Return to the starting area. The warning signal will be made 1 minute after the removal unless at the time the race has been abandoned again or postponed
- 7.3 Signals before the start  
Preparatory signal- Flag P-  
Round the ends rule in effect (30.1) – Flag I –  
Black Flag rule in effect (30.3) – Black Flag –
- 7.4 Recall Signals  
Individual Recall – Flag X –  
General Recall – First Substitute –
- 7.5 Course Change Signals  
At a rounding or finishing mark: finish between the nearby mark and the staff displaying this flag – Flag S –
- 7.6 Other Signals  
Flag L – Ashore: A notice to competitors has been posted  
Afloat: Come within hail or follow this boat  
Flag M – The object displaying this signal replaces a mark

## **8.0 Scoring**

The low point scoring system will be used; modified so that each boats series score will be that total of her race scores, with her worse score discarded if 5 or more races have been completed.

## **9.0 Protests/Penalties**

- 9.1 Alternative Penalties (720) will be applicable as outlined in RRS 44.1 and 44.2
- 9.2 Protest of another vessel while racing must include a hail to the protested boat and notification to the Race Committee at the conclusion of the race. A protest flag is not required.
- 9.3 Protests will be heard in accordance with RRS Part 5
- 9.4 Be advised that the Race Committee and coaches are encouraged to protest in fractions observed.

## **10.0 Safety**

- 10.1 All boats must have properly inflated buoyancy tanks, a bailer, and a *30ft painter* attached to the mast. All participants must wear approved PDF with *whistle*.
- 10.2 The Race Committee may abandon a race to inclement weather. Competitors are to comply with Race Committee and Coaches instructions at all times.
- 10.3 Competitors are to check out with the safety officer. Failure to do so may *nullify racing results* for that day.

10.4 Participants compete entirely at their own risk and responsibility and must carry property and insurance covering all risks. The Organizing Authority, Chester Yacht Club and any other party involved in the organization of the regatta, accept no liability whatsoever for any injury, damage loss or claim, whether personal or material, incurred or inflicted to participants before, during or after the regatta.

**11.0 Prizes**

Trophies will be awarded to 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> positions in each fleet; Beginner, Intermediate, and Advanced.

**12.0 Other**

12.1 The fleet will be divided into three groups- Beginner, Intermediate, and Advances. Fleet placement is at the discretion of the coaches.

12.2 The Race Committee may move a boat significantly racing above the rest of the fleet after the first race.

12.3 The Race Committee may move a boat sailing significantly below the rest of the fleet at any time.

12.4 Coach and other support boats are encouraged to assist all Green Fleet competitors equally. Individual competitors should not be “followed” around the course by a coach or support boat giving guidance or instruction to only that competitor.